



Excellence Awards for research 2019-2020

Year of publication	IF	Journal Scope	Source	Journals	Article titles	Researchers
2019	0.265	Metallurgy & Metallurgical Engineering-Nutrition & Dietetics	Mattioli 1885	Progress in Nutrition	The correlation between Body Mass Index and Body Image Dissatisfaction and Body Image Perception in young Saudi women	Haya M Aljadani
2019	3.049	Chemistry, Multidisciplinary	Royal Society of Chemistry Journal	RSC Advances	Food Structure Development for Specific Population Groups	Woroud Alsanei and J Chen
2020	1.951	Andrology	Wiley	Andrology	Costus afer leaf extract protects against testicle damage caused by cyclosporine A in adult male Wistar rats through an antioxidant mechanism	Hala H A Khattab, Manal M S Mansoury

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2020	2.849	Environmental Sciences, Public, Environmental & Occupational Health	MDPI	Int. J. Environ. Res. Public Health	Knowledge and Practices Related to Salt Intake among Saudi Adults	Mahitab A. Hanbazaza and Walaa A. Mumena
2020	4.546	Nutrition & Dietetics	MDPI	Nutrients	The Association between Dyslipidemia, Dietary Habits and Other Lifestyle Indicators among Non-Diabetic Attendees of Primary Health Care Centers in Jeddah, Saudi Arabia	Sumia Enani Suhad Bahijri Manal Malibary Hanan Jambi Basmah Eldakhakhny Jawaher Al-Ahmadi, Rajaa Al Raddadi ,Ghada Ajabnoor ,Anwar Boraie and Jaakko Tuomilehto
2020	0.504	Pharmacology & Pharmacy	Pharmacotherapy Group	Tropical Journal of Pharmaceutical Research	Costus afer (Costaceae, Zingiberales) leaf extract ameliorates naproxen-induced gastric ulcer in rats	Hala AH Khattab, Buthaina M Aljehany
2020	4.546	Nutrition & Dietetics	MDPI	Nutrients	Anthropometric, Familial- and Lifestyle-Related Characteristics of School Children Skipping Breakfast in Jeddah, Saudi Arabia	Hazzaa Alhazzaa, Amani Alrasheedi, Rayan Alsolimani, Lura Jabri

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					ameliorates naproxen-induced gastric ulcer in rats	
2020	4.546	Nutrition & Dietetics	MDPI	Nutrients	Impact of Taste on Food Choices in Adolescence- Systematic Review and Meta-Analysis	Bawajeeh, Areej O., Salwa A. Albar, Hufeng Zhang, Michael A. Zulyniak, Charlotte E.L. Evans, and Janet E. Cade
2021	5.717	Nutrition & Dietetics	MDPI	Nutrients	High Adherence to the Mediterranean Diet Is Associated with a Reduced Risk of Obesity among Adults in Gulf Countries	Israa M Shatwan, Eiman A Alhinai, Balqees Alawadhi, Shelini Surendran, Najlaa M Aljefree, Noha M Almoraie
2021	4.556	CHEMISTRY, APPLIED - FOOD SCIENCE & TECHNOLOGY	Elesvier	Journal of Food Composition and Analysis	Development of an Arabic food composition database for use in an Arabic online dietary assessment tool (myfood24)	Areej O Bawajeeh, Sondos Kalendar, Giulia Scarpa, Neil Hancock, Sarah Beer, Lauren Gibson, Grace Williams, Basma Dashti, Salwa Albar, Hannah Ensaff, Michael A Zulyniak, Charlotte E Evans, Janet E Cade

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2021	3.045	EDUCATION, SCIENTIFIC DISCIPLINES - NUTRITION & DIETETICS	Elesvier	Journal of Nutrition Education and Behavior	Understanding Preschoolers' Anticipation of Trying A New Food and Past Food Experiences	Hibah A.Alsulami, SuzanneGood el
2021	2.450	Food Science & Technology	hindawi	Journal of Food Quality	Effect of Camel Milk on the Physicochemical, Rheological, and Sensory Qualities of Bread	Noha M. Almoraie and Israa M. Shatwan
2021	1.692	Nutrition & Dietetics	Taylor & Francis INC	Ecology of Food and Nutrition	Food Security Status, Coping Strategies, and Health of Women's Welfare Society Beneficiaries in Jeddah, Saudi Arabia: A Facility-Based Study	Mahatab A. Hanbazaza and Walaa A. Mumena
2021	0.538	Nutrition & Dietetics	MATTIOLI 1885	Progress in Nutrition	Food security status, coping strategies, eating habits, and health conditions of Saudi Adults during COVID-19 curfew	Mahatab A. Hanbazaza
2021	3.894	Nutrition & Dietetics	Swedish Nutrition Foundation	Food & Nutrition Research	Association of two types of dietary pattern scores with cardiovascular disease risk factors and serum 25 hydroxy vitamin D levels in Saudi Arabia	Najlaa M. Aljefree, Israa M. Shatwan, Noha M. Almoraie
2021	3.390	PUBLIC, ENVIRONMENTAL & OCCUPATIONAL	MDPI	International Journal of Environmental	Assessment of Dietary Habits and Physical Activity Changes during the Full COVID-19	Nisreen M. Abdulsalam, Najla A. Khateeb, Sarah S.

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		IONAL HEALTH		Research and Public Health	Curfew Period and Its Effect on Weight among Adults in Jeddah, Saudi Arabia	Aljerbi ,Waad M. Alqumayzi ,Shaima S. Balubaid ,Atheer A. Almarghlani ,Amira A. Ayad and Leonard L. Williams
2021	0.538	Nutrition & Dietetics	MATTI OLI 1885	Progress in Nutrition	Association Between Nutrients Intake and Coronary Heart Disease Among Adults in Saudi Arabia: A Case- Control Study	Najlaa M. Aljefree , Israa M. Shatwan , Noha M. Almoraie
2021	5.717	Nutrition & Dietetics	MDPI	Nutrients	Caffeine Sources and Consumption among Saudi Adults Living with Diabetes and Its Potential Effect on HbA1c	Salwa Ali Albar, Merfat Abdulrahman Almaghrabi, Rawabi Ahmed Bukhari,Rawa n Hussein Alghanmi ,Maha Ali Althaiban and Khaled A. Yaghmour
2021	3.390	PUBLIC, ENVIRON MENTAL & OCCUPAT IONAL HEALTH	MDPI	Internation al Journal of Environm ental Research and Public Health	Sociodemographic Characteristics and Dietary Choices as Determinants of Climate Change Understanding and Concern in Saudi Arabia	Ghada Talat Alhothali,Noh a M. Almoraie , Israa M. Shatwan andNajlaa M. Aljefree
2021	3.390	PUBLIC, ENVIRON MENTAL & OCCUPAT IONAL HEALTH	MDPI	Internation al Journal of Environm ental Research	Gender Differences in The Factors associated with Hypertension in Non-Diabetic Saudi Adults-A	Rajaa Al- Raddadi ,Jawaher Al- Ahmadi,Suhad Bahijri,Ghada M. Ajabnoor ,Hanan Jambi

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				and Public Health	Cross-Sectional Study	,Sumia Enani ,Basmah Medhat Eldakhakhny ,Lubna Alsheikh ,Anwar Borai and Jaakko Tuomilehto
2021	2.9	Nutrition & Dietetics	MDPI	Children	Breakfast Eating Habits and Lifestyle Behaviors among Saudi Primary School Children Attending Public Versus Private Schools.	Laura Jabri, Amani A. Al-Rasheedi , Rayan A. Alsulaimani and Hazzaa M. Al-Hazzaa
2020	4.546	Nutrition & Dietetics	MDPI	Nutrients	Anthropometric, Familial- and Lifestyle-Related Characteristics of School Children Skipping Breakfast in Jeddah, Saudi Arabia	Hazzaa M. Al-Hazzaa , Amani A. Al-Rasheedi , Rayan A. Alsulaimani and Laura Jabri
2021	1.929	NUTRITION & DIETETICS - SCIE	KOREA N NUTRITION SOC	NUTRITION RESEARCH AND PRACTICE	Changes in eating habits and lifestyle during COVID-19 curfew in children in Saudi Arabia	Mahitab Hanbazaza , Huda Wazzan
2021	3.067	GASTROENTEROLOGY & HEPATOLOGY - SCIE	BMC	BMC GASTROENTEROLOGY	The influence of a gluten-free diet on health-related quality of life in individuals with celiac disease	Fahdah F. Al-sunaid , Maha M. Al-homidi , Rawan M. Al-qahtani , Reema A. Al-ashwal , Ghada A. Mudhish ,Mahitab A. Hanbazaza and Abeer S. Al-zaben



Scientific Research Committee

Prof. Amani A. Alrasheedi

25/01/2022

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